



Present;

'SELF-LOVE;

Empowerment, Celebration and Self-appreciation'

Members of the ArtSpace Arts Group and The Showcase Writer's Collective worked with participatory artists Emily Crosby and Lucy Ovenall to create this wonderful collection of visual arts and corresponding creative writing. Experimenting with and exploring various artistic methods/techniques and mediums, Mental Health Service Users celebrated themselves and their continued strength and survival through challenging times.

"There were no constrictions, just freedom to express yourself and celebrate your strength and brilliance!"

Exhibition on display from Thursday 28th April 2022 in;

***The Reception Area Gallery
Westcotes Health Centre
Fosse Rd South
Leicester
LE3 0LP***

For further information please contact Tim Sayers, Arts in Mental Health Co-ordinator, at Leicestershire Partnership

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