

Don't let life take you too seriously...

BRIGHTSPARKS
Arts In Mental Health Group

COMEDYASYLUM!

PRESENT

COMEDY Wellbeing Hubs

Fun and relaxing workshops based around humour.
We make up stories, tell jokes and laugh a lot.

Would you be interested in creative writing? We can do that too!

Open to mental health service users and the general public.

All abilities welcome, no experience necessary.

Just drop in or email us to book your place: office@brightsparksarts.uk

Marlene Reid Centre

85 Belvoir Road, Coalville, LE67 3PH

Thursdays 9th March to 25th May (not 6th April)
11am - 12:30pm

Thursdays 3rd August to 12th October
11am - 12:30pm



For more information email
office@brightsparksarts.uk



www.brightsparksarts.uk