

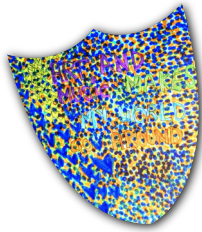
ALL FOR ONE AND ONE FOR ALL: UNITED WE STAND DIVIDED WE FALL

Through a programme of visual arts, creative writing, music and comedy workshops, mental health service users explored themes around how they protect themselves and others, whilst also discussing facts, fiction and different views on corona virus vaccination.



Think about it 😊

The 'BrightSparks: Arts in Mental Health Group' are dedicated to promoting positive images of mental health via the arts. We stand united in our fight for equality and in challenging discrimination against mental health service users.



Is life taking you too seriously?

Are you worried about your mental health?
Are you worried about someone else's mental health? If so, CALL:

- Your local GP
- The Samaritans on **116 123**
- The NHS on **0808 800 3302**
- BrightSparks on **07795 475 806**



Think about it 😊



For further information about the Leicester City Council Vaccine Confidence Programme please contact wellbeingchampions@leicester.gov.uk

