



**BRIGHTSPARKS**

Arts in Mental Health CIO

&

GREEN  
ROOM  
**Gardeners**

**INVITE YOU...**

Join us for the post-pandemic  
relaunch of Green Room  
Gardeners. Support your  
well-being and the environment.  
No experience required.

**When?** Tuesday 31st January  
10am-12pm

**Where?** Queen's Road Allotments  
Leicester, LE2 1TT

Email [lydia.towsey1@nhs.net](mailto:lydia.towsey1@nhs.net) or call  
07766205689 to register &/or more info

[www.brightsparksarts.uk](http://www.brightsparksarts.uk)



The David Cock Foundation



Leicester  
City Council

