



Present:

“SMOOTHIE”

SOUND SYSTEM

FREE MUSIC WORKSHOPS, WITH LUKE BROUGHTON, TO IMPROVE YOUR MENTAL WELLBEING. INVOLVING RAPPING, SINGING, TOASTING AND DJ'ING. WITH SOME SOUND, LIGHT, VISUALS, AND RECORDING THROWN IN.

**Every Monday 2 – 4pm at;
The Hope Centre
43, Melton Street, LE1 3NB.**

For further information, or if you'd like to join the crew, please contact Tim Sayers, Arts in Mental health Co-ordinator at Leicestershire Partnership NHS Trust, on;

Email: tim.sayers@leicspart.nhs.uk

Tel: 07795 475 806

