

# 'ARTY SOCIAL'

**JOIN US EVERY THURSDAY AFTERNOON FOR 90 MINUTES OF CREATIVE TALK, FUN, AND ACTIVITIES. HOSTED BY TIM SAYERS, WITH SESSIONS LED BY DAMIEN TOZER WITH SUPPORT FROM STUDENT ARTS PSYCHOTHERAPIST MARNIE ASTON + OTHERS.**

**You'll be encouraged to participate + share your thoughts, experiences and art, but you can just come along if you wish. And every session will end with a bit of arts therapy based activity!**

***AND IT'S FREE WITH FREE VIRTUAL REFRESHMENTS.***

**To take place every Thursday afternoon 2 - 3.30 on-line via *U.matter* at The University of Leicester.**

**Each session delivered via Zoom. Please contact Tim Sayers for further information and/or login details on [tim.sayers@leicspart.nhs.uk](mailto:tim.sayers@leicspart.nhs.uk)**

**Or telephone 07795 475 806**