

Is life taking you too seriously?

BRIGHTSPARKS

Arts In Mental Health Group

COMEDYASYLUM!

PRESENTS:

Creative **MINDS**

As part of Everybody's Reading Festival 2019, join comic poet Rob Gee to create a group poem.

Take part, be entertained, laugh and have fun with word games, jokes, and creative writing. All abilities welcome



**Thursday 3rd Oct
1.30 - 2.30pm**

**The Involvement Centre
Bradgate Mental Health Unit
Glenfield Hospital LE3 9EJ**

www.brightsparksarts.uk



NATIONAL
LOTTERY FUNDED

Leicestershire Partnership



NHS Trust