

HOUSE OF

ARTS

WHAT?

**OPEN SESSIONS TO LEARN
OR SHARE CIRCUS SKILLS
& SPECIALIST MASTERCLASSES**

JUGGLING, DIABOLO, POI, DEVIL STICKS, HULA
HOOP, TIGHTROPE, UNICYCLING & MORE...
OR BRING YOUR OWN!

WHO?

**EVERYONE:
ALL AGES & ABILITIES**

WHEN?

EVERY MONDAY @ 6-8PM

WHERE?

**SPORTS HALL, THE Y THEATRE,
7 EAST ST, LEICS LE1 6EY**

COST?

**PAY AS YOU FEEL
(SUGGESTED DONATION £3)**

WHY?

**WELLBEING, COMMUNITY,
PLAY, IMPROVE FOCUS,
COORDINATION, MINDFULNESS**

KINDLY FUNDED BY: WELLBEING MATTERS FUND C/O EDITH MURPHY
FOUNDTN: UNIVERSITY OF LEICESTER & BRIGHTSPARKS (ARTS IN HEALTH)



UNIVERSITY OF
LEICESTER

BRIGHTSPARKS
ARTS IN MENTAL HEALTH GROUP.

